Lincoln Military Housing

Community News

Proudly serving the residents of our Bellevue Neighborhood *May 2013*

What's Inside

May Flowers Lawn Decorating Contest
Wednesday, May 1

Cinco de Mayo Build Your Own Taco Party
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Saturday, May 11

Mother's Day Spa Event
Friday, May 17

Military Spouse Appreciation Day is Friday, May 10

Mother's Day is Sunday, May 12

Armed Forces Day is Saturday, May 18

The Housing Office will be closed Monday, May 27, in observance of Memorial Day.

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Memorial Day Festivities

Memorial Day, an American holiday observed on the last Monday of May, honors men and women who died while serving in the U.S. military. Originally known as Decoration Day, it originated in the years following the Civil War and became an official federal holiday in 1971. Many people celebrate Memorial Day with a barbecue cookout with family and friends. However, if you're looking for a different way to celebrate then spend the day in our nation's capital and attend one of these great events.

Scheduled events for Memorial Day in Washington, D.C.:

- Sunday, May 26, at 8:00 p.m. – National Memorial Day Concert on the West Lawn of the U.S. Capitol. This free concert will feature actors Joe Mantegna and Gary Sinise, and other guest artists along with the National Symphony Orchestra. Gates open at 5 p.m.
- Monday, May 27 at 11:00 a.m.- A wreath-laying ceremony and concert will be held at the Tomb of the Unknown Soldier in honor of Memorial Day.
- Monday, May 27, at 2:00 p.m.- National Memorial Day Parade at the corner of Constitution Avenue and 7th Streets, NW and proceed along Constitution Avenue, past the White House, ending at 17th Street.

Other festivities in the area:

- Friday, May 24 - Sunday, May 26, from 6:00 pm -9:00 p.m.- Sunset Celebration at Mount Vernon, enjoy evening tours of the Mansion, 18th-century music, dancing, games, and wagon rides. Admission: Adults, $18; children 6-11, $12; and children under 5 are admitted free.
- Saturday, May 25 – Sunday, May 26 from 10:00 a.m. to 5:00 p.m.- Delaplane Strawberry Festival at the Sky Meadows State Park in Delaplane, VA. The annual festival includes live entertainment, children's games, pony rides, hayrides, a petting zoo, a 5K fun run, a raptor exhibit, antique cars, food, crafts and strawberries.
- Saturday, May 25 – Monday, May 27- Hometown Holidays is the city of Rockville's Memorial Day event and is a three-day street festival with live music, children's entertainment, a parade and more. For more information, visit http://www.rockvillemd.gov/events/hth.

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May 2013

Bellevue
HOUSING NEIGHBORHOOD

SUN	MON	TUE	WED	THU	FRI	SAT
			1 May Flowers Lawn Decorating Contest	2	3	4 Cinco de Mayo Build Your Own Taco Party
5	6	7	8	9	10	11 Potluck Block Party
12 *Mother's Day*	13	14	15	16	17 Mother's Day Spa Event	18
19	20	21	22	23	24	25
26	27 *Memorial Day Housing Office closed*	28	29	30	31	

Bellevue Team	
District Manager	Mary
Service Manager	Jessica
Community Services Coordinator	Mandalyn
Customer Service Representative	Emerson
Maintenance Supervisor	Lyndell
Maintenance Technicians	Anthony, Walbin, Aaron, Darrell
Groundskeepers	Mr. Hai, Tyrell

Bellevue Office

1 Cargo Ct. SW
Washington D.C. 20032
202-629-2647

Office Hours

Mon. - Fri. . . . . 7:30 am - 4:30 pm
Sat. . . . . 9:00 am - 1:00 pm
Sun. . . . . Closed

LINCOLN AT YOUR SERVICE: 888-578-4141 (toll free hotline)

Community Services Notes

- Bellevue is now on Facebook! Be sure to "like" us! www.facebook.com/LMHBellevue
- Check out Bellevue's Blog at blog.bellevue.lincolnmilitary.com
- View our events calendar online and register for upcoming events at: **www.LincolnMilitaryResident.com**

Join Us for Free LMH Activities

May Flowers Lawn Decorating Contest

Date: Wednesday, May 1
Time: 4:30pm - 6:30pm
Location: Bellevue Neighborhood
RSVP by: Open

Details: Do you have a green thumb? If so, then share your talent with us! Lincoln Military Housing will be judging your lawn for the most vibrant, neatly designed, and unique spring lawn décor. So dust off your gardening tools and lets celebrate spring! Three winners will be chosen and will receive gift cards.

Cinco de Mayo Build Your Own Taco Party

Date: Saturday, May 4
Time: 6:30pm - 8:30pm
Location: Bellevue Community Lawn
RSVP by: Monday, April 29

Details: Let's celebrate Cinco de Mayo with a Build Your Own Taco Party! Not only will you have the opportunity to make your own taco, but you can also enjoy cake and a piñata filled with toys and candy. So come on by and enjoy dinner on us!

Potluck Block Party

Date: Saturday, May 11
Time: 12:00pm –2:00pm
Location: Bellevue Community Lawn
RSVP by: Monday, May 6

Details: Come join Lincoln Military Housing for a Potluck Block Party! Hot dogs and hamburgers will be supplied by us, but side dishes, deserts, drinks, and all the fixing's are welcomed by residents. A raffling of a grill, barbeque sauces, and utensils will be given away to one lucky winner. Guests include the JBAB Fire Department and K-9 Squad. Agencies will discuss fire and grill safety, and provide K-9 and extinguisher demonstrations.

Mother's Day Spa Event

Date: Friday, May 17
Time: 6:30pm - 8:30pm
Location: Bellevue Community Center
RSVP by: Monday, May 13

Details: Lincoln Military Housing would like to honor our Mothers by offering a free manicure and pedicure. Not only will you experience the relaxation of being pampered, but you will also enjoy a candy bar, chocolate covered strawberries and refreshments. There are limited spaces for this event, so please RSVP today!

Bellevue District News

- If you are planning to enroll your child in the summer camp program on base, you may want to do that now before school is out. The summer camp is broken down into two sessions over the course of the summer. The spaces are limited so please contact the Youth Center at 202.767.4003 for more information.
- The National Cathedral Flower Mart will hold its annual festival for lawn and garden enthusiasts. This event features annuals, perennials, landscape exhibits, live musical entertainment, gourmet food, children's activities including a rock wall, moon bounce, carousel, and a miniature Ferris wheel. The event will be hosted at the Washington National Cathedral on Friday, May 3 from 10:00am - 6:00pm and Saturday, May 4 from 10:00am - 5:00pm. For more information about this event please visit http://www.allhallowsguild.org/fm/come.html.

Partners' Information / City Events

- Washington, DC will host their annual Cinco de Mayo Festival on Sunday, May 5 and will be featuring live music, dance, children's arts and crafts, workshops, food, games, and activities for the entire family. The annual festival is a wonderful time to explore the rich Latin American history and culture. Please visit http://marumontero.com/cinco.htm.

Sneak Peek

Nationals vs. Twins Game
Saturday, June 8

Sundae Fun Day
Friday, June 21

Six Flags
Saturday, June 29

Important Telephone Numbers

Emergencies: 202-433-3333
Fire/Police Non Emergencies: 202-767-5000
Poison Control: 800-222-1222
Base Operator: 703-545-6700
Morale, Recreation, and Welfare: 202-433-6151
Fleet and Family Support Center: 202-433-6151
Operation Home Front: 800-779-5903

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Living Green Tips

May: Greening Your Exercise

- Throw on eco-friendly threads – Organic cotton is breathable, absorbent and available in everything from sports bras to socks.
- Eco Yoga – Use a biodegradable yoga mat.
- Make your own energy bars – Dump wasteful packaging, stop worrying about additives, and save a little money! Fuel up with homemade recipes. Buy in bulk or mix your own sports drinks too. Visit http://www.recumbent-bikes-truth-for-you.com/recipes.html to find a recipe.
- BYO Bottle – More then 60 million disposable bottles end up in trash heaps every day. Help cut down on that enormous pile of plastic by re-using them. Or, dump the bottle and find a stainless steel water bottle made with polycarbonate or any plastic that is BPA Free.
- Reduce your carbon footprint by making a few footprints of your own – Instead of driving to the gym, run or walk for a great (cheap) warm-up. If the gym's too far, try biking or carpooling. Keep your workout clothes in the car to cut down on extra stops and gas.
- Take it to the streets – What's more green than the great outdoors? With hills and wind providing resistance, running and walking on the road can burn more calories than a treadmill. Other activities such as kayaking, hiking and rock climbing can help fend off workout boredom.
- Disconnect – Go unplugged. A balance ball, resistance band, and glider plates can give you an excellent all-around workout – and you can take them anywhere. Plus, using your body instead of a machine for resistance is oh-so green.
- Recycle: it's good for your soles – As the miles add up, so does the wear on your favorite cross-trainers. There are many businesses (including Nike's Reuse-A-Shoe) that re-purposes worn-out athletic shoes of any brand into sports courts, tracks, and flooring.