

# Community Newsletter

Fallon | October 2018

LINCOLN  
MILITARY  
HOUSING

Every Mission Begins at Home®



Happy Birthday  
Navy! 10/13/18  
243 years young!



Think Pink,  
Live Green

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Fall Festival at  
Lattin Farms

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## Featured Story




## Think Pink Live Green

Cancer has touched all our lives in one way or another. When the diagnosis comes in, time stands still as a rush of emotions takes over in that moment and everyone realizes life has changed. We all know someone who has experienced this and begins the fight for their life.

October is Breast Cancer Awareness month! Breast Cancer remains one of the most common cancers for women and is projected to double globally by 2040. We all need to be aware, make changes to reduce the risk, get involved to support those who are diagnosed, and help find a cure! Studies have shown a direct connection between “living green” and lowering your risk for cancer. Check out the Think Pink, Live Green campaign at [breastcancer.org](http://breastcancer.org) for more information and tips.

**Live Green:** By decreasing poor habits and increasing green habits, studies have shown risk factors are drastically decreased.

**Think Pink:** Get involved and help make a difference!

 Participate in the Komen Reno Race for the Cure 5K Run/Walk on Sunday, October 14th. Register or Volunteer at [info-komen.org](http://info-komen.org)

Get involved in the “Think Pink, Live Green” movement at the District Office all month long! This month your family will have an opportunity to show your support by participating in a fundraising effort benefitting the Susan G. Komen Foundation.

Visit the District Office in October to Participate:

1. Bring your donation (we are requesting \$1).
2. Receive the ribbon of HOPE.
3. Place your ribbon on our Living Green Tree of HOPE.

As a thank you, your family will receive a HOPE key chain and kids who participate will receive a pink HOPE slap bracelet. Last year we raised over \$500, what can we do this year?

