

Community Newsletter

San Diego | August 2019

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MILITARY
HOUSING

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Feature Article

Page 5



Feature Article

Page 5



Feature Article

Page 6

Featured Story

Celebrate FRIENDSHIP all month!

It is a wonderful time to reflect on the value of friends and a time to nurture your relationships – old and new! As you know, friendships in the military are often lifelong. It is so important to make that connection within your community and encourage one another.

Facebook, Twitter, Blogs, and all the other Social Media outlets are a great way to stay connected to your friends and build new relationships with those living in common situations. Remember to always stay positive and supportive for a healthy atmosphere online for everyone!

Respect – Respecting differences, boundaries, privacy, values and understanding points of view are important to the success of your friendships.

Influence – Influence starts with being positive and encouraging. You can be the one that influences change or provides encouragement to a friend to help them achieve a goal. Lead by example with integrity.

Enhancement – Friends enhance your life by providing opportunities for new experiences and they allow you to explore a different view, or share a new perspective on something. Studies show strong friendships can give you a healthier, happier life!

Networking – Networking is the best way to start to build friendship. Attending Lincoln events, local events, and various offered programs are great ways to network and meet future friends that have common values and interests!

Dedication – Dedication is an important part of keeping connected to your friends. Set time aside on your calendar to make phone calls, set a date to hang out, send a card to let your friend know you are thinking about them, or make a plan with your friend to attend a Lincoln community event. Making the effort is worth the investment!

Sympathy – Sympathy and empathy come naturally for military families due to the commonalities that exist in the military family culture. Build your relationships so they lead to supportive friendships. Your friends will be the ones that will sympathize with your situation the most when you need the support.

Honesty – Honesty is the fundamental basic principle for all relationships. Honesty builds trust which leads to a friendship that will last forever.

Interests – Interests in common help friendships stay strong and connected. Ask your friends what hobbies, social groups, workouts, or outings they enjoy and then set a date to do it together!

Pro-social – Be pro-social and be the spark of your community! Drop by a new neighbor's home with a "welcome to the community" gift or card, plan a block party with your neighbors, or invite your neighbors over for a play date!

Take time this month to show appreciation to your friends and continue to build new friendships!

